GO BANANA PANCAKES

Try this simple and healthy recipe that will make you go bananas and will quickly become a household favorite for cooks (and eaters) of all ages!

LEARN TOGETHER
Cooking helps children practice measuring and following multi-step directions, which are important math and life skills!

MATERIALS

**Ingredients**
- 2 bananas
- Salt
- Cinnamon
- 4 eggs
- ¾ cup dairy (or dairy substitute) milk, yogurt, sour cream, or farmer’s cheese
- Cooking oil or butter for pan
- Maple syrup (optional)

**Cooking Supplies**
- Large mixing bowl
- Medium-sized mixing bowl
- Fork or potato masher
- Whisk
- Ladle
- Large non-stick pan
- Spatula

MAKE TOGETHER

These pancakes are so easy to prepare! Follow these simple steps:

1. Place peeled bananas in a large mixing bowl.
2. Mash bananas using a fork or potato masher (It’s ok to leave some chunky bits).
3. Add in cinnamon to taste along with a pinch of salt. Mix with a fork.
4. Whisk eggs in a medium-sized bowl and pour into your banana mixture.
5. Add in your dairy.
6. Mix so that everything is well distributed.
7. Heat oil/butter on medium heat in your pan.
8. When pan is hot, ladle in your mixture to make small-to-medium sized pancakes.
9. Flip when browned on one side.
10. Serve plain, with maple syrup, or your topping of choice!

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