



FLUFFY CLOUD DOUGH CREATIONS

Make your own soft and fluffy cloud dough for scientific sensory play.

IDEAL AGE: 2+

LEARN TOGETHER

Research shows that tactile sensory exploration for young children builds brain pathways that lead to a child's ability to finish more complex learning tasks later on.

MATERIALS

- Flour
- Oil
- Measuring cups or spoons
- Large bowl
- Cookie cutters
- Small toys or household objects
- Food coloring (optional)

MAKE TOGETHER

Let's make soft and fluffy cloud dough! [Follow along](#) on CMOM's YouTube channel.

- 1 Measure 8 tablespoons of flour and 4 tablespoons of oil.
- 2 In a large bowl or container, mix the oil and flour together with a spoon, a stick, or even your hands! Feel free to add more oil or flour as needed for your desired consistency.
- 3 If you have food coloring you can add a few drops to make a fun color!
- 4 How does it feel on your fingers?
Is it soft? Sticky? Wet?
What does it smell like? What shape is it?
- 5 Try squeezing it into a new shape using your fingers or even making special shapes with cookie cutters.
- 6 What shapes can you make using your fingers?
Can you spell letters or words?
- 7 Play a game of hide and seek by burying small toys or objects into your dough. Dig them out with your hands, spoons, or construction toys!



For more fun activities, please go to
cmom.org/resources

