



BUBBLES AND MAGICAL WANDS

IDEAL AGE: 3+

Create your very own bubble wands at home.

Dip them in homemade bubble solution and watch the magic happen!

LEARN TOGETHER

Bubbles help children practice calming strategies as they take big, relaxing breaths to create the best bubbles.

Practice counting to 3, 6, or 10 before blowing bubbles! Chasing, reaching, and stretching for bubbles helps children move their bodies while developing hand-eye coordination.

MATERIALS

Bubble solution:

- 6 cups of water
- 1 cup of dish soap
- 1 tablespoon of glycerin or 1/4 cup of corn syrup (optional)
- Large bowl or bucket

Wand materials: (Optional: Get creative)

- Straws
- Toothpicks
- Aluminum foil
- Plastic wrap
- Tape
- String
- Popsicle sticks
- Paper
- Colanders
- Pipe cleaners
- Plastic-coated wire hangers

MAKE TOGETHER

Children often have some experience with bubble blowing, but the bubble wands are usually already prepackaged in their bubble solution. Today you can make one of your very own!

- 1 Create your bubble solution:
- 2 In a large bowl or bucket use the following recipe: 6 cups of water, 1 cup of dish soap, and 1 tablespoon of glycerin or 1/4 cup of corn syrup (optional).
- 3 Now lets work on your bubble wand!
- 4 When building your bubble wand think about how bubble wands usually look. Look up some bubble wands on the internet to see examples.
- 5 Think about what wand shapes work best for the bubbles. How will you hold the wand? Where do you blow to make the bubble? What materials work well in the soapy water?
- 6 Experiment and play around with your different material options and think about how you're going to make your own wand.
- 7 Try making a few different wands with different types of materials. Dip them in your bubble solution and blow!
- 8 Take a deep breath in and blow out slowly into your bubble wand. What kinds of bubbles form?
- 9 See which materials work best and see what kinds of bubbles are formed with each wand. Do your bubble wands make small bubbles or large bubbles? Do your bubbles last only a few seconds or do they float on for a long time?
- 10 What shapes can you make with your bubble? Can you whisper a secret inside the bubble and watch it float away?
- 11 Take turns popping the bubbles with your fingers, then with your feet. How about with your toes?
- 12 Create a bubble party with your favorite music and watch your worries float away!



For more fun activities, please go to
cmom.org/resources

