



A TASTE OF WEST AFRICAN CULTURE

Join a CMOM sing-a-long to learn the Yoruba language of West Africa and enjoy West African dances from CMOM's Let's Dance! partner FERABA - African Rhythm Tap.

IDEAL AGE: 2+

LEARN TOGETHER

Learning about cultures and traditions helps children develop a sense of identity and knowledge of the world around them.

MATERIALS

- Computer, tablet, or phone to watch the video
- Space to dance



MOVE TOGETHER

- 1 Sing along with CMOM Educators as we sing "[Funga Alafia](#)."
- 2 "Funga Alafia" is a greeting song with origins from West Africa. Some have credited this song to the Hausa people from Nigeria and the West African country of Liberia. The words come from the Yoruba language. The first words of the song are "*funga (or fanga) alafia, ase ase*." *Alafia*, means peace and *ase* is the spirit that is in all things.
- 3 Next, dance along to excerpts from [CMOM's Let's Dance!](#) partner [FERABA - African Rhythm Tap](#) on CMOM's Youtube channel.

[FERABA - African Rhythm Tap](#), is an award-winning multicultural and multiethnic performance group, fusing the traditional sounds and movements of West Africa with American tap.
- 4 Enjoy other performances by [FERABA - African Rhythm Tap](#) on their Youtube channel and search for more West African traditions online.

For more fun activities, please go to
cmom.org/resources

